

# FITNESS PADDLERS AUSTRALIA

## 140809 \_ FPA MENTONE TIME TRIAL - MENTONE - 11.3 Kms

### FINAL SCRATCH PLACINGS \_ ACTUAL CLOCK TIMES

#### OPEN SCRATCH RESULTS \_ 11.3 km

Place	Bib No.	Name	Category	Age	Gender	Clock Time	Kms/Hr
1	106	CAHILL Ray Stellar SES	Surfski Single	55	M	1:11:39	9.5
2	102	DISTEFANO Armando Think	Surfski Single	46	M	1:15:42	8.7
3	260	BENTON Wayne Plastic Single	Plastic Ski Single	35	M	1:29:25	7.6
4		PARK Jared Surfski Single	Surfski Single		M	DNF	
5		McKENZIE Peter Surfski Single	Surfski Single		M	DNF	

### FINAL HANDICAP PLACINGS \_ ELAPSED TIMES FROM START OF TIME TRIAL

#### OPEN HANDICAP RESULTS \_ 11.3 km

Place	Bib No.	Last Name	Category	Age	Gender	Clock Time	Handicap
1	106	CAHILL Ray Stellar SES	Surfski Single	55	M	1:17:39	6.00
2	102	DISTEFANO Armando Think	Surfski Single	46	M	1:19:42	3.00
3	260	BENTON Wayne Plastic Single	Plastic Ski Single	35	M	1:29:25	0.00
4		PARK Jared Surfski Single	Surfski Single		M	DNF	
5		McKENZIE Peter Surfski Single	Surfski Single		M	DNF	

Great conditions at Mentone with the revamped course working well to give paddlers some good runs and a great morning workout.

We again tried out a new course format to take advantage of the swell that was running. This seemed to work very well to take advantage of the prevailing conditions with little of the side on conditions that generally prevail in the run to Mordialloc. Paddlers could also easily see the distances between them at each turn which added to the enjoyment of the chase.

#### PHOTO ACTION FROM THE OPEN SECTION

Armando enjoying catching a run on the course



Ray Cahill rounding the turning buoy at the edge of the mussel farm marker.

